



## **Social Media Challenge ENTRY FORM** **Be Diverse. Be Sustainable**

Welcome! Please read the information carefully and submit the application as a .pdf attachment' to [info@amaravidya.com](mailto:info@amaravidya.com) with subject line "ENTRY FORM for Diversity and Sustainability". Only successful applicants will be contacted.

### **Entry Form Checklist:**

- Completed Entry Form;
- Social Media Checklist completed;
- Screenshot or picture of your favorite response

### **Requirements for the Challenge, Part A:**

- Like us on Facebook (Amara Vidya), Instagram (@amara\_vidya), and Twitter (@amaravidyayoga)
- Tag us in a post you share on your favorite media about why representation and diversity in yoga is important.
- Tag us in a post you share on your favorite media about why social and environmental sustainability in yoga is important.
- Tag us in a post showing your favorite off the mat practice, and demonstrate where you are working to make it a more diverse and sustainable practice for you and your community

Suggested hashtags: #amaravidya #ayct #ysc #ybic #yogaformature #yogateachertraining #representationmatters #diversitymatters #bediverse #besustainable #sustainableyoga #sustainablepractice

### **Requirements for the Challenge, Part B:**

1. Which prize are you hoping to get and why?
2. Are you familiar with the organizations Amara Vidya is promoting? If yes, are you involved with them?
3. Would you like to have more access to a growing network of teachers and community that grows your personal and / or professional practice?
4. If you won, what are three goals you are hoping to achieve?

## Social Media Challenge Information

Name:

Email:

Phone Number:

Address:

Application submission date:

/            /  
YYYY / MM / DD

Referred by:

### Entry Conditions

Only one entry from per applicant. Winners will be expected to register from a list of available courses for the current year of 2018 only. Failure to accept the winning program for 2018 will render the prize null and void. Any contestant using inappropriate language, or attacking / trolling anyone will be automatically disqualified. The winner will be selected based upon content, quality of effort and interest in participating. No purchase necessary to enter. Only eligible candidates (18 years and older) who are able to physically and mentally participate in a rigorous yoga program will be selected.

My signature below indicates that I have read, understood, and consent to this Entry Form.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

Amara Vidya Yoga School reserves the right to change the content of this form at any time without notice.  
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